



Hi, my name is Tobi, and I'm the Education Mental Health Practitioner (EMHP) working with Morningside Primary School. My role is to support children's mental health and emotional wellbeing, helping them to feel happy, confident, and ready to learn.



I work with children who may be experiencing worries or difficulties with friendships, self-esteem or managing emotions. I also work with Parents/Carers providing support for children experiencing anxiety or challenging behaviour and staff to offer support around children's mental health.

## Working together:

I'm in school every Thursday morning, and I work closely with the SENDCo and pastoral team. If you'd like to know more about what I do or think your child might benefit from support, please speak to your child's teacher or a member of the school team.

I look forward to being part of the school community and supporting your children to thrive!

