

**Monday**

**Messy Play Mondays**  
Stay & Play with  
My Journey Books  
Drop in session

**9.00am-11.30am &  
1.00pm-3.00pm**

for Parents/Carers with children  
under 5



**First Steps  
Psychology Support**

Referral only

**9.00am-5.00pm**

**Parent Forum  
11.30am-12.00pm**

**22nd January  
19th February  
18th March**

for Parents/Carers with children  
under 5



Working for every child



**Tuesday**

**Tiny Tots Stay & Play**  
including Soft Play with  
My Journey Books  
Drop in session

**9.00am-11.30am**

for Parents/Carers with  
children under 2  
(siblings welcome)



**Make & Create Arts & Crafts**  
with June (10 weeks)

**16th Jan - 19th March  
12.30pm-3.00pm**

FREE creche for children  
under 5



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[Morningsidechildrencentre](#)

**Wednesday**

**Stay & Play with Mini  
Library & Clothes Swap**  
Drop in session

**9.00am-11.30am**

for Parents/Carers with  
children under 0-5



**Maths with  
Hackney Education**

**9.30am-1.00pm**

FREE creche for children  
under 5

Understanding Your Child's  
Behaviour with First Steps (parents  
of children 0-5)

**10th Jan-4th April**

**1.00pm-3.00pm**

Referral only (MSPS)

please call 020 7014 7135 for more  
information

FREE creche for children under 5

**Introduction to Pottery**  
for Adults

**8 weeks course with Tado  
Ceramics (Booking required)**

**24th January - 13th March**

**1.15pm-3.15pm**

FREE creche for children  
under 5

**Thursday**

**NEW Music with  
Double Bass Dan**

**9.30-10.00am OR  
10.15-10.45am**

for Parents/Carers with  
children under 5



**Toddler Yoga (5 weeks)**

**18th January-15th February  
OR**

**22nd February-21st March**

you **must** book a place

for Parents/Carers with children  
8-16 months. **3.15pm-4.15pm**



**Starting Solids with HENRY**  
FREE Workshop

Introducing solid foods at 6  
months

**28th March**

**11.00am-1.00pm**



**Friday**

**Infant Feeding Support**  
**9.00am-1.00pm**

By appointment only

Please call to book  
020 8525 2400



**Baby Yoga (5 weeks)**

**19th January-16th February  
OR**

**23rd February-22nd March  
10.00am-11.00am**

Booking required

for Parents/Carers with babies 6  
weeks-8 months

**Baby Massage (5 weeks)**

**19th January-16th February  
OR**

**23rd February-22nd March  
11.30am-1.00pm**

Booking required

for Parents/Carers with babies 6  
weeks-8 months



**Cooking with Awa**  
**2.00pm-3.30pm**

**19th Jan to 22nd March**

for Parents/Carers

FREE creche for children  
under 5



