

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>2-year-old Rainbow Nursery 8.45am - 11.45am 12.30pm - 3.30pm</p> <p>First Steps 9:00am-12:00pm Psychology support (Referral only)</p> <p>Messy Play Drop in session Starting 10th Jan 9.00am-11.30am OR 1.00pm-3.00pm for Parents/Carers with children under 5</p>  <div style="border: 1px solid brown; padding: 5px; margin-top: 10px;"> <p>You must book & attend every week for each short course at the centre</p> </div> | <p>2-year-old Rainbow Nursery 8.45am - 11.45am 12.30pm - 3.30pm</p> <p>Tiny Tots Stay & Play Drop in session Starting 11th Jan 9.00am-11.30am for Parents/Carers with children under 2</p>  <p>Early Bird Parenting Course Starting 11th Jan 1.00pm-3.00pm Hackney Ark (Invite only)</p>  | <p>2-year-old Rainbow Nursery 8.45am - 11.45am 12.30pm - 3.30pm</p> <p>Stay & Play Drop in session with Story Time Starting 12th Jan 9.00am-11.30am for Parents/Carers with children under 5</p>  <p>Busy Babies Stay & Play Drop in Starting 12th Jan 1.30pm-3.00pm for Parents/Carers with children under 1</p>  <p>Citizens Advice Bureau at Ann Tayler every 2nd, 3rd & 4th Wednesday 10.30am-1.30pm You must book a telephone appointment on 0207 275 6020</p>  | <p>2-year-old Rainbow Nursery 8.45am - 11.45am 12.30pm - 3.30pm</p> <p>First Steps 9:00am-12:00pm Psychology support (Referral only)</p> <p>Music & Singing Together</p>  <p>Starting 13th Jan 9.00am-10.00am 10.15am-11.15am 12.30pm-1.30pm 1.45pm-2.45pm for Parents/Carers with children 0-5</p> <p>Yoga for Crawlers & Walkers Starting 13th Jan you must book a place 020 8525 2400 for Parents/Carers with children 8-16 months 3.15pm-4.15pm</p>  | <p>2-year-old Rainbow Nursery 8.45am - 11.45am 12.30pm - 3.30pm</p> <p>Infant Feeding Support 9.00am-1.00pm Please book at reception 020 8525 2400</p> <p>Baby Massage Starting 14th Jan 10.00am-11.30am Limited spaces, you must call to book a place on 020 8525 2400 for Parents/Carers with children 6 weeks-8 months</p>  <p>Baby Yoga Starting 14th Jan 1.00pm-2.00pm Limited spaces, you must call to book a place on 020 8525 2400 for Parents/Carers with children 6 weeks-8 months</p> |

