

## **Information about Ramadan**

Dear Parent and Carers,

As Ramadan is fast approaching we would like to inform our families about the provisions we have in place to support our pupils at Morningside Primary School. Please have a read through some of the commonly asked questions about fasting whilst in school.

### **When does fasting commence?**

This year Muslims start fasting from the either 12<sup>th</sup> or 13<sup>th</sup> of April depending on the sighting of the new moon.

### **At what age can they start fasting?**

Islamic guidance states that it is only an obligation for children who have reached the stage of puberty to fast.

### **What if I would like my child to fast?**

Every year we have children who would like to fast, in particular our KS2 children are the most eager. Although we encourage children to practice their religion, we would very much recommend that pupils use the weekend to fast due to the long hours and hot days.

If you do decide that you would like your child to fast then please have a discussion with your child about fasting and decide together. But ultimately as their guardian you have the final decision.

### **What provisions are in place for my child so that they can fast?**

Children who are fasting will be kept indoors at lunch times with our Pastoral Manager who will arrange activities pupils participate in.



### **Yes, I would like my child to fast.....**

If you do decide that your child will be fasting then please inform the school so that we can support you with this. In order to manage this effectively we would like pupils to have a note signed by the parent stating how many days they will be fasting during the week. A new note will be needed to be provided each week and this will be verified by the Pastoral Manager if we feel this is required.

### **What if my child is fasting but decides they want to break their fast during the school day?...**

If your child decided that they want to break their fast during the school day then we allow them. Your child's safety and wellbeing are paramount to us.

### **Further questions?**

If you have any further questions please speak to our Pastoral Manager- Siddique.