

Chatham Place, Hackney, London, E9 6LL Tel: 020 8985 5382 Web: morningside.hackney.sch.uk

Dear Parent/Carer,

Re: Year 5 PSHE Lessons

In the next few weeks of Year 5, as part of the PSHE (Physical, Social and Health Education) curriculum, the children will be learning about puberty which includes the teaching of physical and emotional changes, personal hygiene during puberty and menstruation.

The children will have the opportunity to learn and understand what is happening and what will happen to their bodies during puberty. They will have the opportunity to ask and answer questions in a safe and secure learning environment with their teachers.

It is expected that all the children will participate as puberty affects them all; however, if you do not want your child to participate please inform the school by completing and returning the slip below by Thursday 28th November 2019.

If you have any queries, please do not hesitate to contact me.

Yours faithfully,		
Jane Hu		
Janet Taylor Headteacher		
Child's name:	Child's Class	
I give my child permission to participate in the lessons		
I wish to withdraw my child from the PSHE lessons		